

The Reddings Primary and Nursery School



Physical Education (PE) Policy

Subject statement

Physical education is vital to everyday life and promoting an active healthy lifestyle. Being active is an integral part to life and has a direct correlation to academic performance. Our aim at The Reddings is to promote physical activity for all and allow children to explore a wide variety of different sports throughout their time at The Reddings. Children will also have many opportunities to achieve thirty minutes of activity during the school day as suggested by the Government as part of the 60 minutes' active initiative.

Progression of skills and knowledge

The Reddings performance pathway is a document all staff use when planning their physical education sessions to allow them to build on the skills that have been previously taught.

It can be found in [RMStaff](#)→[Subjects](#)→[Physical Education](#)→[Performance pathway](#)

There are performance pathways for all sports that are taught there. Teachers will all have to chance to develop their teaching of Physical education through the Dacorum sports partnership, if they choose to, which allows Physical education to be taught in a fun and engaging way.

Planning Expectations

Teachers are expected to plan their own physical education session in line with the topic on their long term plan set up at the beginning of the year by the PE subject specialist. This provides a clear direction of which sports and activity the class will be focussing on at which point in the year. Physical education lesson are to follow the nation curriculum. Some previous physical education planning is present in [RMStaff](#)→[Subjects](#)→[Physical Education](#)→[Choose the sport](#). This will need to be adapted and personalised for the class. Physical Education will be inclusive for all children.

Planning format

Teachers are to follow the performance pathway document when planning. This can be found
RMStaff→Subjects→Physical Education→Performance pathway

Regular foundation session plans should be used and lessons should be split into 3 sections
(warm up, main activity, cool down)

Assessment and Recording

Teachers assess children's work in PE by making assessments as they observe them working during lessons. They record the progress made by children against the learning objectives for their lessons. The school has an assessment tool that links directly to the curriculum delivered in school. Teachers assess children at the end of each unit of work against descriptors. Teachers record this information and use it to plan the future work of each child. These records also enable the teacher to make an annual assessment of progress for each child, as part of the child's annual report to parents. Each child has a Record of Achievement which records their levels against each of the areas of Physical Education through their school career. The ROA is passed on to the next teacher at the end of each year and to the Secondary School at the end of Year 6.

The PE subject leader keeps photographic and video evidence of children's work (in a portfolio). This demonstrates what the expected level of achievement is in each area of activity in PE in each year of the school. All of these should be downloaded onto Reddings_Media→Sport→correct sport→make a folder

Resources

There is a wide range of resources to support the teaching of PE across the school. We keep the majority of our small equipment in the PE store and is accessible to children under adult supervision. The hall contains a range of large apparatus, and we expect the children to help set up and put away this equipment as part of their work. By so doing, the children learn to handle equipment safely. Outdoor equipment is stored in the outdoor PE shed, with children again expected to carry and set up equipment for lessons. The children use the school hall, field or playground for games and athletics activities and the local swimming pool for swimming lessons.

Health and Safety

The general teaching requirement for Health and Safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to

change for PE into the agreed clothing for each activity area. The agreed clothing consists of Reddings PE Hoody, white T-shirt, black shorts, black leggings with religious requirements and trainers. When lessons are to be undertaken outdoors black / dark blue tracksuit bottoms are permitted. The Governing Board expects the teachers to set a good example by wearing appropriate clothing when teaching PE. The policy of the Governing Board is that no jewellery is to be worn and long hair is tied up for any physical activity for both children and adults.

Area risk assessments are current and reviewed on an annual basis this includes the School Hall, play grounds, classrooms and school field. Offsite Visit Risk Assessments are completed for offsite PE Activities and this information is uploaded to Evolve. Providers are expected to provide the school with relevant risk assessments. Some Learners require individual risk assessments to ensure the right measures are in place to enable all learners to participate.

Extra-curricular activities

The school provides a range of PE related activities for children before school, lunchtimes and at the end of the school day. These encourage children to further develop their skills in a range of the activity areas. The school distributes details of the current club activities to parents at the beginning of each term. The school runs intra and interschool competitions for the children to take part in. The school also takes part in sports league, competitions and festivals against other local schools. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children.

School Sports Partnership

The Reddings Primary School is part of the Dacorum School Sports Network.

We provide each child with 2 hours of High Quality PE each week in KS2 and KS1.

Sports Premium Funding

The school receives £16000 plus an additional £10 per learner to help deliver the “inspire a generation” vision of the London 2012 games. This money is allocated in relation to the audit of need by the PE subject specialist. This spend currently covers a TLR2 for the PE subject specialist. The premium is reviewed annually by the PE subject specialist (Current amount of funding for 2018).5038

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