



Anti Bullying Week Newsletter

15-19th November 2021

Anti Bullying Week ties in well with our JIGSAW theme this half term is which is Celebrating Difference.

The Theme of Anti Bullying Week is **One Kind Word**.

Kindness fuels kindness. It starts with one kind word. It starts today.

On Monday 15th November we started the week with **Odd Socks Day**.

”Let’s pull on odd socks to show we’re ALL unique and different, and let’s be kind to each other and respect each other’s individuality.”

What do we mean by bullying?

The definition by the Anti-Bullying Alliance is:

Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.

In school we explain this to children in the following way:

is it
BULLYING?

When someone says or does something
unintentionally hurtful
and they do it once, that's
RUDE.

When someone says or does something
intentionally hurtful
and they do it once, that's
MEAN.

When someone says or does something
intentionally hurtful and they *keep doing it*-
even when you tell them to stop or show
them that you're upset—that's
BULLYING.

In School we deal with any incidences of inappropriate behaviour through Consequences (not punishments).

Educational Consequences.

This is when we explain to the child why their words or actions were inappropriate and the affect they may have had on the other child. We get the child to reflect on how they would feel if someone was to do that to them. The child needs to apologise to the other child in order to repair the situation and move forward.

Protective Consequences.

If a child's behaviour is dangerous to others a Protective Consequence is put in place, such as them having limited or no access to the playground for a set amount of time. Instead they will have supervised breaks with a member of staff where they can reflect on their behaviour.

When these consequences are put into action we will also update the child that has been affected so that they realise that appropriate action has been taken.

THINK

We have spoken in assembly about the impact our words can have on other people and that we need to THINK before we speak:

- **T** Is it True?
- **H** Is it Helpful?
- **I** Is it Inspiring?
- **N** Is it Necessary?
- **K** Is it Kind?

For Further information on Anti-Bullying week please click the link to Anti Bullying Week 2021 A Tool for parents and carers.

<https://anti-bullyingalliance.org.uk/anti-bullying-week/parents-and-carers>