

2019-2020 Physical Education Overview

At The Reddings we use Get Set 4 PE and these are the areas that each year group will be looked at at each point in the school year.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Fundamentals : Unit 2	Ball Skills : Unit 1	Ball Skills : Unit 2	
Reception	Introduction to PE : Unit 2 Introduction to PE : Unit 1	Fundamentals : Unit 1 Fundamentals : Unit 2	Dance : Unit 1 Dance : Unit 2	Gymnastics : Unit 1 Gymnastics : Unit 2	Games : Unit 1 Games : Unit 2	Ball Skills : Unit 1 Ball Skills : Unit 2
Year 1	Fundamentals Net and Wall	Team Building Fundamentals	Gymnastics Dance	Yoga Ball Skills	Invasion Striking and Fielding	Athletics Fitness
Year 2	Fundamentals Net and Wall	Ball Skills Fitness	Gymnastics Team Building	Dance Sending and Receiving	Striking and Fielding Invasion	Athletics Yoga
Year 3	Tag Rugby Tennis	Fitness Basketball	Gymnastics Dance	Dodgeball Yoga	Cricket Basketball	Athletics Rounds
Year 4	Tennis Tag Rugby	Netball Yoga	Gymnastics Dodgeball	OAA Dance	Cricket Basketball	Athletics Rounds
Year 5	Tag Rugby Basketball	Football Fitness	Gymnastics Dodgeball	Dance	Tennis OAA	Athletics Rounds
Year 6	Football	Tag Rugby	Dance Basketball	Fitness OAA	Volleyball - Y5/6 Cricket	Athletics Rounds