



Covering Hemel Hempstead, Berkhamsted, Tring and Link Family Services Areas
Free and cheap things to do with the children this Easter



Welcome to the Easter Activities Newsletter for the Dacorum Family Services Partnership. This edition is devoted to events happening over the Easter holidays - we hope you find it useful. As your School Family Workers work term-time only, they will be unavailable during the school holidays, returning to work on Tuesday 18th April. If you need urgent family support during this time, please see the helplines at the bottom of the page.

Easter at Ashridge

Come and join in the Cadbury Egg Hunt at Ashridge

The Cadbury Easter bunny will be looking for his friends hiding in the woods. It isn't always easy to find them as they tend to hide. Follow Bunny's clues on this year's Easter trail and collect a delicious Cadbury chocolate treat.

Collect your trail map; answer the questions along the way, then return to the visitor centre to claim your Cadbury's choccy treat. Early bird discount during the week.

Early Bird Dates and Times: 10th, 11th, 12th and 13th April 10.00-16.00 **£3 per child**

Easter Weekend 14th, 15th, 16th, 17th 10.00-16.00 **£5 per child**

What to bring and wear: Make sure to bring clothes you don't mind getting muddy and don't forget your wellies.



Easter Crafts: Whilst you are waiting for the Easter bunny you can come along to the visitor centre to make an Easter craft to take home. For the little ones there will be an Easter sock bunny and for older children an Ashridge deer sock puppet. Monday 3 - Friday 7 April. £2 per child. www.nationaltrust.org.uk/ashridge-estate



Small Furrries - Easter holiday workshops at Pets at Home

Fantastic Small Furrries workshops! Animals like hamsters and guinea pigs can be great pets for children so why not bring them

along to a brilliant, FREE, workshop so they can learn all about how to care for them responsibly whilst having fun at the same time.

The one hour workshops are packed with fun things to do like meeting the pets in person, learning all sorts of amazing stuff from the expert store colleagues and much more, giving you and your children a hands on approach to the pet care your small furry friends need.

Come along and join the fun,

<http://community.petsathome.com/workshops/>

Free things to do in and around Hemel, Tring and Berkhamsted

Head up to **Dunstable Downs** to fly kites, enjoy spectacular views and watch gliders take off.

Cassiobury Park in Watford has great facilities including pond dipping by the Rustic Bridge, an adventure playground and a nature trail.

Go pond dipping in the **River Gade**, Gadebridge Park

Explore the **Boxmoor Trust**. Which route will you take, Red, Green, Blue or Orange?

Right next to **Berkhamsted** train station, the town's historical **castle** couldn't be easier to get to. Download a map of the castle before you go and pack a picnic.

For more ideas visit:

www.familiesonline.co.uk/local/west-hertfordshire/whats-on

Families

Try cooking with the kids ...

Easter Nests Ingredients

150g shredded wheat, 150g cooking chocolate, 50g mini eggs



1. Melt the chocolate in a bowl over boiling water or in the microwave (make sure grown up does this bit)
2. Once its melted mix the cereal with the chocolate
3. Pour the mixture into bun cases
4. Make a nest shape by pressing in the middle with a spoon
5. Put in the fridge to set and then decorate with either little Easter chicks or little mini Easter eggs

For Teens

ChannelMOGO is a portal for young people, aged 13-19 (up to 25 with a learning difficulty and/or disability) who live or go to school in Hertfordshire. ChannelMOGO brings together lots of services and useful websites for young people in Hertfordshire.



www.channelmogo.org/about.aspx

Online emotional support for children and young people

Anyone aged 10 to 25 can sign up anonymously and have an online chat with a fully trained therapist. Counsellors can help with things like stress, family problems, eating disorders, loneliness, bullying, anxiety and depression. Kooth's counsellors are available until 10pm, 365 days a year.



www.kooth.com

Dacorum Family Services

- Berkhamsted Family Services
- Hemel Hempstead Family Services
- Link Family Services
- Tring Family Services

c/o Hobbs Hill Wood Primary School,
Peascroft Road, Hemel Hempstead HP3 8ER.
Tel: 01442 401222



Sapphire Gymnastics - Holiday classes

Fun, structured, gymnastics holiday classes, available at both sites in Hemel

Hempstead. Children are put into age appropriate groups, shown how to use the equipment, whilst concentrating on the fundamentals. These include balance, jumping, swinging and rotation. *You can choose the gymnastics only option 10.30am-12pm @ £7.00 or 10.30am-2.00pm gymnastics then arts/crafts (packed lunch required) @ £14.00.* For more information or book call 01442 230077 or visit www.sapphiregymnastics.co.uk

Adventure Playgrounds

There are 4 Adventure Playgrounds within the Hemel Hempstead area located at Adeyfield,



Bennetts End, Chaulden and Grovehill. Please note that children are not restricted and can come and go as they wish. Healthy snacks and refreshments are available to buy.

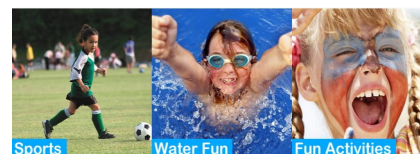


School Holidays - Mon - Fri 9.30-5.30 pm.
Closed at weekends during the school holidays and weekend before and after the holidays.

Kidspace Holiday Activities at Sportspace, Little Hay Golf Complex and XC 01442 507100

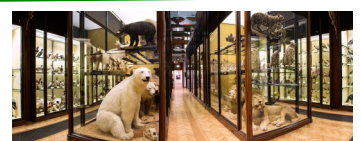
www.sportspace.co.uk www.thexc.co.uk

There are lots of fun activities running at Sportspace throughout Dacorum during the Easter holidays - please either ring for more details or visit the sportspace website.



Natural History Museum - Tring

Lots to see and do at the Natural History Museum in Tring Mon-Sat: 10.00-17.00
Sun: 14.00-17.00. Free admission (small charge for some exhibitions) www.nhm.ac.uk/visit/tring.html



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